

FEMALE 10K RESULTS

2010 winter Sun 10k Run

Moab, UT December 4, 2010 10:00 am Mostly cloudy, 35-40 degrees.

Directed by: Moab Half Marathon

Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
1.	695	3	Kari-Anne Samuelson	DENVER	CO	28	F	38:49	6:15
2.	95	3	Cheryl Castle	SILT	CO	44	F	40:48	6:34
3.	21	3	Karah Lively-Rinaldi	GRAND JUNCTION	CO	37	F	41:45	6:44
4.	392	3	Kimberly Hiatt	BLANDING	UT	42	F	42:08	6:47
5.	574	3	Carrie Smith	FRUITA	CO	27	F	42:52	6:54
6.	43	3	Leah Hickman	GRAND JUNCTION	CO	25	F	43:35	7:01
7.	210	3	Ilana Stern	DURANGO	CO	47	F	43:40	7:02
8.	85	3	Jan Meister	GRAND JUNCTION	CO	46	F	43:56	7:05
9.	585	3	Erika Newell	BAYFIELD	CO	17	F	44:41	7:12
10.	26	3	Katie Cassiday	OGDEN	UT	38	F	45:16	7:17
11.	51	3	Shaula Palmer	DURANGO	CO	28	F	45:23	7:19
12.	100	3	Jerilee Erickson	WEST JORDAN	UT	30	F	45:38	7:21
13.	664	3	Paige Kaptuch	SALT LAKE CITY	UT	32	F	45:40	7:21
14.	685	3	Elizabeth Ogatta	MOAB	UT	23	F	45:45	7:22
15.	7	3	Megan Crowley	DURANGO	CO	27	F	45:59	7:24
16.	524	3	Katy Robertson	MOAB	UT	30	F	46:58	7:34
17.	589	3	Michelle Akcar	GRAND JUNCTION	CO	38	F	46:58	7:34
18.	251	3	Catrina Johnson	BICKNELL	UT	15	F	47:18	7:37
19.	109	3	Mary Beth Ottley	AVON	CO	44	F	47:25	7:38
20.	475	3	Joanna Bethea	BLANDING	UT	37	F	47:28	7:39
21.	29	3	Karen Knighton	TUSTIN	CA	33	F	47:31	7:39
22.	500	3	Trisha Hedin	MOAB	UT	41	F	47:32	7:39
23.	225	3	Kelsey Christiansen	DURANGO	CO	27	F	47:54	7:43
24.	382	3	Nicole Lowe	LAYTON	UT	31	F	48:03	7:44
25.	228	3	Stephanie Anderson	DURANGO	CO	33	F	48:05	7:45
26.	592	3	Maia Wittenbrook	SALT LAKE CITY	UT	27	F	48:10	7:46
27.	481	3	Diana Williams	FRUITA	CO	31	F	48:23	7:48
28.	149	3	Lauren Atkinson	MOAB	UT	28	F	48:24	7:48
29.	317	3	Coni Horndli	SALT LAKE CITY	UT	32	F	48:32	7:49
30.	103	3	Tina Andersen	BICKNELL	UT	44	F	48:46	7:51
31.	31	3	Lisa Arrington	LAYTON	UT	27	F	48:54	7:53
32.	650	3	Shauna Bevis	GRAND JUNCTION	CO	26	F	49:06	7:55
33.	637	3	Hailey Allen	PORTLAND	OR	25	F	49:11	7:55
34.	681	3	Tara Hanner	DOLORES	CO	29	F	49:28	7:58
35.	632	3	Sonia Maxfield	SALT LAKE CITY	UT	46	F	49:36	7:59
36.	494	3	Rian Rosenthal	MOUNT PLEASANT	UT	38	F	49:38	8:00
37.	551	3	Yumi Shimizu	SANDY	UT	44	F	49:38	8:00
38.	41	3	Tamara Olsen	CHANDLER	AZ	38	F	49:40	8:00
39.	542	3	Rhonda Cowern	MOAB	UT	39	F	49:50	8:02
40.	665	3	Illene Roggensack	GRAND JUNCTION	CO	50	F	49:50	8:02
41.	164	3	Tracey Frescino	OGDEN	UT	41	F	50:27	8:08
42.	680	3	Danelle Ballengee	MOAB	UT	39	F	50:49	8:11
43.	493	3	Beth wolff	MOAB	UT	26	F	50:50	8:11
44.	205	3	Janel Arbon	MOAB	UT	40	F	50:51	8:11
45.	229	3	Liz Glaysher	DURANGO	CO	26	F	51:10	8:14
46.	237	3	Karen Skelly	RIFLE	CO	54	F	51:10	8:15
47.	663	3	Marnell Bradfield	MEEKER	CO	45	F	51:13	8:15
48.	561	3	Julie Lawson	PARACHUTE	CO	29	F	51:17	8:16
49.	141	3	Sonja Davidson	OGDEN	UT	32	F	51:27	8:17
50.	242	3	Jody Stelmach	GRAND JUNCTION	CO	50	F	51:28	8:17
51.	410	3	Laetitia Linard	GRAND JUNCTION	CO	30	F	51:29	8:18
52.	368	3	Emily Larson	SANTA ROSA	CA	29	F	51:49	8:21
53.	120	3	Elizabeth Schnittker	GRAND JUNCTION	CO	41	F	52:12	8:24
54.	301	3	Sharon Poling	GRAND JUNCTIION	CO	53	F	52:18	8:25
55.	241	3	Shelly Turner	TRIDELL	UT	48	F	52:33	8:28
56.	467	3	Janet Bartolomucci	CASTLE VALLEY	UT	59	F	52:34	8:28

FemaleOverall_rev3.TXT

57.	77	3	Brooke Caster	GRAND JUNCTION	CO	31	F	52:53	8:31
58.	683	3	Kelly Johnson	GRAND JUNCTION	CO	51	F	52:59	8:32
59.	151	3	Ginette Speed	SALT LAKE CITY	UT	53	F	53:11	8:34
60.	163	3	Kaisa Johnson	DENVER	CO	39	F	53:27	8:36
61.	400	3	Amy Walling	MOAB	UT	38	F	53:34	8:38
62.	348	3	Wendy Newman	MOAB	UT	50	F	53:36	8:38
63.	443	3	Kristie Gipson	SLC	UT	26	F	53:45	8:40
64.	315	3	Erica Andersen	SALT LAKE CITY	UT	23	F	53:47	8:40
65.	615	3	Susan Beutler	MONTROSE	CO	49	F	54:09	8:43

Dec-08-2010 10:20:10pm

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Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
66.	306	3	Kelly Robbins	SANDY	UT	39	F	54:11	8:44
67.	202	3	Lisa Hirsch	FLAGSTAFF	AZ	47	F	54:14	8:44
68.	282	3	Dora Benally	CORTEZ	CO	44	F	54:15	8:44
69.	566	3	Connie Haycock	MOAB	UT	57	F	54:15	8:44
70.	530	3	Alisa Black	PRICE	UT	43	F	54:20	8:45
71.	247	3	Valerie Krebs	GRAND JUNCTION	CO	37	F	54:42	8:49
72.	198	3	Molly Hansen	SPRINGVILLE	UT	34	F	55:05	8:52
73.	618	3	Shannon Acor	SPRINGVILLE	UT	40	F	55:09	8:53
74.	510	3	Anna-Ruth Watts	CAMBRIDGE	MA	25	F	55:19	8:55
75.	421	3	Liz Wattenberg	MOAB	UT	37	F	55:19	8:55
76.	684	3	Amanda Ashton	SLC	UT	38	F	55:38	8:58
77.	677	3	Amber Niesen	MOAB	UT	29	F	55:40	8:58
78.	288	3	Jessica Thomas	SOUTH WEBER	UT	25	F	55:42	8:58
79.	600	3	Sheryl Strole	MONTROSE	CO	49	F	55:47	8:59
80.	639	3	Kandi Knudsen	RIVERTON	UT	25	F	55:48	8:59
81.	138	3	Nikki Christensen	MOUNTAIN HOME	UT	37	F	55:59	9:01
82.	512	3	Patricia Jalomo	FARMINGTON	NM	42	F	56:01	9:01
83.	281	3	Haley Haws	MOAB	UT	30	F	56:22	9:05
84.	119	3	Nan Lichty	GRAND JUNCTION	CO	55	F	56:33	9:06
85.	668	3	Melissa Edge	MOAB	UT	35	F	56:33	9:06
86.	480	3	Ashley Morrison	OREM	UT	25	F	56:34	9:07
87.	676	3	Shelley Kasprick	MOAB	UT	31	F	56:35	9:07
88.	22	3	Kimberly Glover	BLANDING	UT	39	F	56:38	9:07
89.	383	3	Cornelia Larson	HUDSON	WI	58	F	56:41	9:08
90.	412	3	Kendl watt	RIVER HEIGHTS	UT	26	F	56:43	9:08
91.	538	3	Katilyn Carroll	LOGAN	UT	21	F	56:47	9:09
92.	122	3	Jocelyn Kearn	DRAPER	UT	38	F	56:54	9:10
93.	455	3	Elin Kappus	SANDY	UT	27	F	57:04	9:11
94.	185	3	Jana Thomas	OREM	UT	42	F	57:07	9:12
95.	651	3	Marlys Merrill	GRAND JUNCTION	CO	23	F	57:09	9:12
96.	143	3	Ann Welshko	MOAB	UT	44	F	57:17	9:14
97.	570	3	Carie Ruggiano	PROVO	UT	36	F	57:18	9:14
98.	550	3	Heather Litster	MIDVALE	UT	30	F	57:25	9:15
99.	365	3	Lindsey Halversen	PROVO	UT	20	F	57:39	9:17
100.	604	3	Sabrina Benally	MONTEZUMA CREEK	UT	24	F	57:39	9:17
101.	432	3	Debbie Pugh	BLANDING	UT	42	F	57:57	9:20
102.	239	3	Carmen Heap	PROVO	UT	22	F	58:14	9:23
103.	540	3	Heather McKim	GRAND JUNCTION	CO	38	F	58:16	9:23
104.	233	3	Danielle Mead	DENVER	CO	21	F	58:17	9:23
105.	505	3	Peta Hill	SANDY	UT	28	F	58:18	9:23
106.	33	3	Jennifer Lallier	CASTLE ROCK	CO	33	F	58:20	9:24
107.	469	3	Kelly Fralick	EDWARDS	CO	40	F	58:24	9:24
108.	427	3	Ann Perri	MOAB	UT	32	F	58:25	9:24
109.	311	3	Jesse Wilkins	PLEASANT GROVE	UT	20	F	58:28	9:25
110.	257	3	Tami Fraser	BASALT	CO	49	F	58:32	9:26

FemaleOverall_rev3.TXT

111.	471	3	Alice Warren-Gregory	BOULDER	CO	27	F	58:35	9:26
112.	583	3	Kirsten Tanner	SALT LAKE CITY	UT	26	F	58:35	9:26
113.	212	3	Lisa St Louis	SALT LAKE CITY	UT	35	F	58:36	9:26
114.	464	3	Sheila Strahan	MOAB	UT	32	F	58:38	9:27
115.	556	3	Maddie Peck	VAIL	CO	17	F	58:39	9:27
116.	113	3	Jessica Walker	BLANDING	UT	10	F	58:41	9:27
117.	343	3	Sedona Berman	PARK CITY	UT	10	F	58:45	9:28
118.	114	3	Kathee Rydman	SALT LAKE CITY	UT	46	F	58:45	9:28
119.	568	3	Tracey Clayton	SALT LAKE CITY	UT	41	F	58:46	9:28
120.	554	3	Chris Moffet	VAIL	CO	51	F	58:51	9:29
121.	553	3	Susie Knudsen	CEDAR CITY	UT	33	F	58:58	9:30
122.	646	3	Trista Sweigart	FRUITA	CO	25	F	59:01	9:30
123.	67	3	Chelsea Chiono	MONTROSE	CO	27	F	59:02	9:30
124.	307	3	Linnae Lyman	BLANDING	UT	36	F	59:07	9:31
125.	11	3	Anne Hilleman	MONTROSE	CO	37	F	59:09	9:32
126.	112	3	Holly Walker	BLANDING	UT	38	F	59:11	9:32
127.	555	3	Bridget Moffet	VAIL	CO	18	F	59:13	9:32
128.	308	3	Katie Berry	SOUTH WEBER	UT	27	F	59:18	9:33
129.	444	3	Melissa Weber	SALT LAKE CITY	UT	39	F	59:20	9:33
130.	258	3	Cydney Brown	BASALT	CO	46	F	59:23	9:34

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Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
131.	168	3	Cheryl Shelley	SALT LAKE CITY	UT	40	F	59:24	9:34
132.	245	3	Heather Price	OREM	UT	34	F	59:25	9:34
133.	97	3	Christie Higgins	GRAND JUNCTION	CO	30	F	59:30	9:35
134.	415	3	Nedra Bromley	ROOSEVELT	UT	30	F	59:30	9:35
135.	270	3	Christy Heaton	SALT LAKE CITY	UT	28	F	59:34	9:36
136.	91	3	Rachelle Nelson	ROOSEVELT	UT	30	F	59:35	9:36
137.	688	3	Audry Stock	GRAND JUNCTION	CO	36	F	59:39	9:36
138.	623	3	Mary Beth Luedtke	GRAND JUNCTION	CO	42	F	59:39	9:36
139.	468	3	Jamie Carter	MOAB	UT	30	F	59:43	9:37
140.	488	3	Carole Heaton	ALTON	UT	25	F	59:45	9:37
141.	325	3	Emily Johnson	LONE TREE	CO	31	F	59:47	9:38
142.	431	3	Emily Box	SLC	UT	46	F	59:51	9:38
143.	19	3	Corey Hinman	FRUITA	CO	35	F	59:55	9:39
144.	621	3	Nicole Free	FRUITA	CO	27	F	59:55	9:39
145.	597	3	Tara Owens	SEABROOK	TX	31	F	59:56	9:39
146.	165	3	Coleen Jorgensen	RICHFIELD	UT	45	F	1:00:03	9:40
147.	482	3	Catherine Diaz	SALT LAKE CITY	UT	29	F	1:00:04	9:40
148.	47	3	Laura Berube	SANDY	UT	44	F	1:00:08	9:41
149.	586	3	Jerri Hahnenberg	GRAND JUNCTION	CO	58	F	1:00:13	9:42
150.	652	3	Amy Spiker	HOTCHKISS	CO	38	F	1:00:18	9:43
151.	167	3	Nicole Nelson	SALT LAKE CITY	UT	34	F	1:00:22	9:43
152.	196	3	Jamie Bateman	SOUTH JORDAN	UT	47	F	1:00:23	9:43
153.	310	3	Emily Brown	BLANDING	UT	35	F	1:00:50	9:48
154.	293	3	Morgan Meadows	SARATOGA SPRINGS	UT	29	F	1:00:51	9:48
155.	121	3	Jami Shafer	SPRINGVILLE	UT	42	F	1:00:54	9:48
156.	450	3	Kevinanne Curmano	DURANGO	CO	50	F	1:00:55	9:49
157.	254	3	Elizabeth Carey	SAN FRANCISCO	CA	31	F	1:01:00	9:49
158.	349	3	Cassie Butters	LYMAN	WY	23	F	1:01:03	9:50
159.	250	3	Clarissa Johnson	BICKNELL	UT	15	F	1:01:08	9:51
160.	658	3	Bobbie Day	MOAB	UT	53	F	1:01:09	9:51
161.	234	3	Tiffany Mead	COLORADO SPRINGS	CO	20	F	1:01:14	9:52
162.	655	3	Kira Simpson	BLUFF	UT	14	F	1:01:20	9:53
163.	252	3	Maggie Funk	GRAND JUNCTION	CO	24	F	1:01:20	9:53
164.	261	3	Amanda Price	AZTEC	NM	24	F	1:01:23	9:53

FemaleOverall_rev3.TXT

165.	430	3	Lynn Wright	FRUIT HEIGHTS	UT	51	F	1:01:32	9:55
166.	390	3	Marie Andrews	SANDY	UT	58	F	1:01:48	9:57
167.	176	3	Sandra Miller	FRUITA	CO	61	F	1:01:50	9:58
168.	322	3	Kellie Starritt	GRAND JUNCTION	CO	42	F	1:02:00	9:59
169.	659	3	Katie Soden	CARBONDALE	CO	47	F	1:02:01	9:59
170.	442	3	Anne White	NEW CASTLE	CO	48	F	1:02:01	9:59
171.	338	3	Karen McKinlay-Jones	MOAB	UT	48	F	1:02:24	10:03
172.	40	3	Teresa Lamkin	SALT LAKE CITY	UT	45	F	1:02:28	10:04
173.	8	3	Lynn Udick	CORTEZ	CO	62	F	1:02:28	10:04
174.	170	3	Amanda Wade	SLC	UT	29	F	1:02:28	10:04
175.	506	3	Chelsi Olson	MOAB	UT	28	F	1:02:32	10:04
176.	13	3	Angie Workman	MAPLETON	UT	36	F	1:02:42	10:06
177.	502	3	Wendy Nkomo	MOAB	UT	48	F	1:02:43	10:06
178.	150	3	Lj Kennedy	MOAB	UT	50	F	1:02:49	10:07
179.	446	3	Kris Hackney	MOAB	UT	38	F	1:02:54	10:08
180.	625	3	Heidi Blake	MOAB	UT	25	F	1:02:54	10:08
181.	132	3	Jaime Horton	SLC	UT	34	F	1:03:00	10:09
182.	560	3	Abby Thomas	SALT LAKE CITY	UT	29	F	1:03:09	10:10
183.	15	3	Elizabeth Byrne	SALT LAKE CITY	UT	22	F	1:03:10	10:10
184.	135	3	Barbie Hartshorn	GRAND JUNCTION	CO	70	F	1:03:14	10:11
185.	435	3	Jody Hale	DRAPER	UT	47	F	1:03:23	10:12
186.	436	3	Laura Henderson	DELTA	UT	48	F	1:03:23	10:13
187.	304	3	Andrea French	MOAB	UT	51	F	1:03:25	10:13
188.	57	3	Lisa Maestas	CLIFTON	CO	31	F	1:03:25	10:13
189.	32	3	Anne Mueller	PALISADE	CO	45	F	1:03:26	10:13
190.	199	3	Traci Barker	WEST JORDAN	UT	35	F	1:03:37	10:15
191.	507	3	Melissa Roy	MOAB	UT	25	F	1:03:44	10:16
192.	189	3	Maria Holmquist	SANDY	UT	44	F	1:03:47	10:16
193.	126	3	Samantha Fugate	ROY	UT	34	F	1:03:49	10:17
194.	340	3	Karisa Larsen	MOAB	UT	31	F	1:03:51	10:17
195.	477	3	Kerri Cosby	COTTONWOOD HEIGHTS	UT	31	F	1:04:03	10:19

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Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
196.	360	3	Pam Chipman	MANCOS	CO	52	F	1:04:16	10:21
197.	547	3	Liz Norris	GRAND JUNCTION	CO	57	F	1:04:28	10:23
198.	546	3	Lindsay Dowd	MOAB	UT	28	F	1:04:29	10:23
199.	595	3	Deborah Shank	MOAB	UT	59	F	1:04:29	10:23
200.	17	3	Kelli Washburn	LAYTON	UT	29	F	1:04:39	10:25
201.	268	3	Wendi Gechter	GRAND JUNCTION	CO	31	F	1:04:48	10:26
202.	437	3	Tammi Ammons	GRAND JUNCTION	CO	30	F	1:04:57	10:28
203.	68	3	Stacey Moseley	GRAND JUNCTION	CO	31	F	1:04:58	10:28
204.	449	3	Melanie Tackett	KAYSVILLE	UT	49	F	1:05:02	10:28
205.	84	3	Rachel Watts	KAYSVILLE	UT	50	F	1:05:03	10:28
206.	649	3	Candace Dow	GRAND JUNCTION	CO	30	F	1:05:03	10:29
207.	634	3	Andrea Santo	GRAND JUNCTION	CO	43	F	1:05:05	10:29
208.	401	3	Sandy Mott	SANDY	UT	54	F	1:05:14	10:30
209.	422	3	Sheryl Douglas	GRAND JUNCTION	CO	59	F	1:05:16	10:31
210.	274	3	Amy Carpenter	SALT LAKE CITY	UT	33	F	1:05:18	10:31
211.	79	3	Linda McMillin	PARK CITY	UT	52	F	1:05:26	10:32
212.	74	3	Eddie Hutton	CODY	WY	21	F	1:05:26	10:32
213.	232	3	Lana Arthur	BLANDING	UT	37	F	1:05:35	10:34
214.	420	3	Felicia Sotelo	NORTH SALT LAKE	UT	30	F	1:05:41	10:35
215.	269	3	Emily Villadsen	SALT LAKE CITY	UT	22	F	1:05:43	10:35
216.	14	3	Marci Jenks	MIDVALE	UT	35	F	1:05:51	10:36
217.	300	3	Kari Soderquist	SMITHFIELD	UT	34	F	1:05:58	10:37
218.	686	3	Laurie Melke	MOAB	UT	45	F	1:06:13	10:40

FemaleOverall_rev3.TXT

219.	110	3	Pamela Lman	BLANDING	UT	44	F	1:06:29	10:42
220.	313	3	Laura Eileres	FRISCO	CO	30	F	1:06:50	10:46
221.	160	3	Cathy Tuhy	MOAB	UT	58	F	1:06:56	10:47
222.	332	3	Roxana Wolcott	GRAND JUNCTION	CO	52	F	1:06:56	10:47
223.	337	3	Rachel Green	SALT LAKE CITY	UT	27	F	1:07:00	10:47
224.	693	3	Shundiin Kauffman	CORTEZ	CO	13	F	1:07:05	10:48
225.	647	3	Judy Christian	MOAB	UT	43	F	1:07:08	10:49
226.	280	3	Tee Pelaez	SALT LAKE CITY	UT	45	F	1:07:09	10:49
227.	240	3	Davina Bair	WEST VALLEY CITY	UT	33	F	1:07:10	10:49
228.	404	3	Rachael Hatcher	BLANDING	UT	45	F	1:07:10	10:49
229.	413	3	Nicole Rempel	FARMINGTON	UT	35	F	1:07:17	10:50
230.	72	3	Toni George	ROOSEVELT	UT	44	F	1:07:18	10:50
231.	397	3	Maria Polen	GRAND JUNCTION	CO	47	F	1:07:26	10:52
232.	188	3	Bea Gavaller	TELLURIDE	CO	42	F	1:07:27	10:52
233.	140	3	Sami Parker	DRAPER	UT	11	F	1:07:28	10:52
234.	139	3	Anne Parker	DRAPER	UT	35	F	1:07:29	10:52
235.	102	3	Cathy Hutton	CODY	WY	50	F	1:07:32	10:52
236.	440	3	Irene Dorweiler	SALT LAKE CITY	UT	29	F	1:07:38	10:54
237.	221	3	Jessica Briggs	VERNAL	UT	29	F	1:08:08	10:58
238.	93	3	Carrie Batten	PROVO	UT	28	F	1:08:19	11:00
239.	294	3	Georgean Chapman	DURANGO	CO	49	F	1:08:28	11:01
240.	521	3	Kaitlyn wolff	SANDY	UT	21	F	1:08:51	11:05
241.	394	3	Amanda McGrath	PLEASANT GROVE	UT	34	F	1:08:53	11:06
242.	486	3	Claudia Gredig	NEW CASTLE	CO	45	F	1:09:06	11:08
243.	345	3	Mercedes Fradl	DELTA	CO	24	F	1:09:11	11:08
244.	667	3	Lisa Booth	BLANDING	UT	32	F	1:09:13	11:09
245.	156	3	Torri Perkins	BLANDING	UT	24	F	1:09:13	11:09
246.	418	3	Trigena Halley	SANDY	UT	43	F	1:09:17	11:09
247.	622	3	Brittany Benally	CORTEZ	CO	21	F	1:09:41	11:13
248.	118	3	Miranda Moyer	CLIFTON	CO	30	F	1:10:00	11:16
249.	34	3	Tricia Pigott	AVON	CO	30	F	1:10:07	11:17
250.	594	3	Susan Baroffio	GRAND JUNCTION	CO	52	F	1:10:13	11:18
251.	535	3	Jennifer Brandt	MONTICELLO	UT	29	F	1:10:25	11:20
252.	453	3	Dana Williams	COTTONWOOD HEIGHTS	UT	46	F	1:10:33	11:22
253.	612	3	Haley Greer	WEST VALLEY CITY	UT	28	F	1:11:02	11:26
254.	223	3	April Petersen	RIVERTON	UT	38	F	1:11:02	11:26
255.	452	3	Terry Willis	PRICE	UT	54	F	1:11:04	11:27
256.	387	3	Jan Cox	PRICE	UT	52	F	1:11:19	11:29
257.	580	3	Marcy Leakehe	TOOELE	UT	25	F	1:11:53	11:35
258.	523	3	Alexa Humes	OREM	UT	15	F	1:11:55	11:35
259.	511	3	Kari Wood	OREM	UT	41	F	1:11:56	11:35
260.	425	3	Stacy House	SANDY	UT	36	F	1:12:03	11:36

Dec-08-2010 10:20:10pm

Page 5

FEMALE 10K RESULTS

2008 winter Sun 10k Run

Moab, UT December 4, 2010 10:00 am Mostly cloudy, 35-40 degrees.

Directed by: Moab Half Marathon

Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
261.	629	3	Emily Newman	MOAB	UT	26	F	1:12:13	11:38
262.	289	3	Elizabeth Fleming	BOULDER	CO	36	F	1:12:14	11:38
263.	565	3	Rolaina Bradford	MONTICELLO	UT	33	F	1:12:28	11:40
264.	624	3	Liana Sorenson	HEBER	UT	28	F	1:12:42	11:42
265.	626	3	Holly Nelson	LASAL	UT	25	F	1:12:50	11:44
266.	700	3	Jessica Retta	MOAB	UT	23	F	1:13:08	11:47
267.	525	3	Shalisa Hazleton	MONTICELLO	UT	28	F	1:13:10	11:47
268.	689	3	Alyssa Ramirez	TELLURIDE	CO	32	F	1:13:28	11:50
269.	509	3	Marcellina Dennison	SHIPROCK	NM	39	F	1:13:34	11:51
270.	351	3	Heather Voigt	FARMINGTON	UT	42	F	1:13:44	11:52
271.	179	3	Kelly Mattson	GRAND JUNCTION	CO	55	F	1:13:48	11:53
272.	63	3	Tammi Lesueur	SYRACUSE	UT	36	F	1:14:16	11:58

Page 5

FemaleOverall_rev3.TXT

273.	388	3	Debbie Hatch	PANGUITCH	UT	55	F	1:14:17	11:58
274.	222	3	Michelle Madrigal	PRICE	UT	48	F	1:14:37	12:01
275.	215	3	Debra Davis	HELPER	UT	52	F	1:14:38	12:01
276.	265	3	Tammy Jackson	MOAB	UT	46	F	1:14:44	12:02
277.	266	3	Crystal Sims	MOAB	UT	27	F	1:14:44	12:02
278.	145	3	Karen Randinitis	DURANGO	CO	34	F	1:14:51	12:03
279.	357	3	Carolann Caylor	CASTLE VALLEY	UT	36	F	1:14:55	12:04
280.	635	3	Brittany Warden	GRAND JUNCTION	CO	25	F	1:15:16	12:07
281.	175	3	Delphine McThomas	SHIPROCK	NM	51	F	1:15:22	12:08
282.	187	3	Dawn Ibis	TELLURIDE	CO	42	F	1:15:23	12:08
283.	609	3	Amy Hamilton	GRAND JUNCTION	CO	36	F	1:15:44	12:12
284.	610	3	Dixie Kendell	MORGAN	UT	44	F	1:15:52	12:13
285.	124	3	Melissa Fischer	MOAB	UT	40	F	1:15:54	12:13
286.	671	3	Laurie Schafer	MONTICELLO	UT	50	F	1:16:25	12:18
287.	295	3	Kathy Lenhart	FRUITA	CO	51	F	1:16:47	12:22
288.	563	3	Crystal Holt	BLANDING	UT	37	F	1:17:14	12:26
289.	519	3	Julie Steed	ALTON	UT	12	F	1:17:38	12:30
290.	291	3	Beverly Feraco	TAYLORSVILLE	UT	58	F	1:17:52	12:32
291.	517	3	Cindee Steed	ALTON	UT	54	F	1:18:06	12:35
292.	131	3	Mary Ward	SLC	UT	37	F	1:18:15	12:36
293.	217	3	Marcie Aitken	MONTICELLO	UT	38	F	1:18:45	12:41
294.	260	3	Penny Frankhouser	GRAND JUNCTION	CO	61	F	1:18:49	12:42
295.	543	3	Amy Brunvand	SALT LAKE CITY	UT	49	F	1:19:11	12:45
296.	454	3	Lauren Cobb	RIVERTON	UT	22	F	1:19:25	12:47
297.	607	3	Fannie Hogue	KIRTLAND	NM	67	F	1:19:35	12:49
298.	701	3	Nasha Samani	SLC	UT	29	F	1:20:00	12:53
299.	679	3	Nicole Morrison	MOAB	UT	30	F	1:21:15	13:05
300.	406	3	Julie Barrett	LOGAN	UT	79	F	1:21:22	13:06
301.	45	3	Bev Devore-wedding	MEEKER	CO	55	F	1:21:37	13:09
302.	299	3	Janeen Torres	MOAB	UT	61	F	1:21:37	13:09
303.	326	3	Nancy Kendrick	GRAND JUNCTION	CO	51	F	1:21:57	13:12
304.	327	3	Carrie Hinds	GRAND JUNCTION	CO	50	F	1:22:11	13:14
305.	426	3	Jennifer wall	MYTON	UT	38	F	1:22:11	13:14
306.	501	3	Tracy Caraker	WEST JORDAN	UT	43	F	1:22:25	13:16
307.	627	3	Sherrie Smith	MOAB	UT	55	F	1:22:38	13:18
308.	532	3	Sandy wilkinson	MORGAN	UT	48	F	1:22:42	13:19
309.	513	3	Melinda Carter	BLOOMFIELD	NM	50	F	1:22:47	13:20
310.	653	3	Kristen Hilkey	PALISADE	CO	39	F	1:22:49	13:20
311.	123	3	Lisa Killpack	DRAPER	UT	40	F	1:23:20	13:25
312.	318	3	Amy Czarnecki	GRAND JUNCTION	CO	37	F	1:23:28	13:26
313.	292	3	Shirley Knickerbocker	SALT LAKE CITY	UT	62	F	1:23:41	13:29
314.	631	3	Barbara Roberts	WHITWATER	CO	57	F	1:24:17	13:34
315.	504	3	Patricia Hoisington	FRUITA	CO	47	F	1:24:17	13:34
316.	64	3	Cathy Livingston	HUNTINGTON	UT	35	F	1:25:04	13:42
317.	220	3	Natalie Turner	TRIDELL	UT	13	F	1:25:34	13:47
318.	380	3	Janis White	SALT LAKE CITY	UT	43	F	1:26:09	13:52
319.	470	3	Karen Brunvand	PRICE	UT	44	F	1:26:18	13:54
320.	354	3	Ellie Nisley	GRAND JUNCTION	CO	22	F	1:27:16	14:03
321.	207	3	Ingrid Marino	PARK CITY	UT	37	F	1:27:30	14:05
322.	208	3	Carolyn Dumond	SALT LAKE CITY	UT	45	F	1:27:31	14:06
323.	572	3	Ann Prazza	HELPER	UT	53	F	1:27:41	14:07
324.	336	3	Susan Stevens	MOAB	UT	52	F	1:28:33	14:16
325.	190	3	Danette Johnson	MOAB	UT	46	F	1:33:24	15:02

Dec-08-2010 10:20:10pm

Page 6

FEMALE 10K RESULTS

2008 Winter Sun 10k Run

Moab, UT December 4, 2010 10:00 am Mostly cloudy, 35-40 degrees.

Directed by: Moab Half Marathon

Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
326.	606	3	Sena Hauer	MOAB	UT	47	F	1:33:25	15:03

FemaleOverall_rev3.TXT

327.	230	3	Jeanie Calkin	SALT LAKE CITY	UT	33	F	1:34:16	15:11
328.	605	3	Taylor Flanders	MOAB	UT	17	F	1:34:43	15:15
329.	584	3	Emery Blanchard	SALT LAKE CITY	UT	29	F	1:37:58	15:46
330.	613	3	Samantha Vande Sluis	WEST JORDAN	UT	29	F	1:37:59	15:47
331.	378	3	Carrie McNamara	FRUITA	CO	60	F	1:42:45	16:33
332.	660	3	Maureen Nuckols	CARBONDALE	CO	66	F	1:43:59	16:44
333.	226	3	Nancy Reinisch	GLENWOOD SPRINGS	CO	57	F	1:44:00	16:45
334.	342	3	Eve Berman	PARK CITY	UT	46	F	1:49:12	17:35

Dec-08-2010 10:20:10pm

334 records processed.

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