

MALE 10K RESULTS

2010 winter Sun 10k Run

Moab, UT December 4, 2010 10:00 am Mostly cloudy, 35-40 degrees.

Directed by: Moab Half Marathon

Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
1.	1	3	Marty Wacker	GRAND JUNCTION	CO	39	M	34:49	5:37
2.	3	3	Jeff Phillippi	CEDAR HILLS	UT	35	M	35:28	5:43
3.	675	3	Marco Rojas	MOAB	UT	24	M	36:16	5:51
4.	2	3	Stephen Hiatt	BLANDING	UT	45	M	36:58	5:57
5.	5	3	Matt Miller	MOAB	UT	32	M	37:08	5:59
6.	4	3	Ryan Heck	BLANDING	UT	42	M	37:10	5:59
7.	9	3	Kevin O'Brien	PAONIA	CO	52	M	37:14	6:00
8.	411	3	Zachary Alhamra	COLORADO SPRINGS	CO	14	M	37:35	6:03
9.	58	3	Mike Burnham	CLIFTON	CO	35	M	37:54	6:06
10.	643	3	Cody wells	CORTEZ	CO	17	M	38:32	6:12
11.	640	3	Jim Lewis	MOAB	UT	46	M	38:42	6:14
12.	231	3	William Arthur	BLANDING	UT	40	M	38:59	6:17
13.	23	3	Hank Starr	BLOOMFIELD	NM	46	M	39:24	6:21
14.	691	3	Josh Nielson	BLANDING	UT	35	M	39:52	6:25
15.	593	3	Bryan Baroffio	GRAND JUNCTION	CO	52	M	40:06	6:28
16.	6	3	Carl Lienert	DURANGO	CO	44	M	40:21	6:30
17.	59	3	Vance Weckworth	GRAND JUNCTION	CO	28	M	40:25	6:31
18.	162	3	Dan Funsch	MISSOULA	MT	49	M	40:37	6:33
19.	666	3	Scott Jones	GRAND JUNCTION	CO	48	M	40:45	6:34
20.	687	3	Geg Hewitt	GRAND JUNCTION	CO	54	M	40:50	6:35
21.	52	3	Christopher Klein	FORT COLLINS	CO	30	M	41:03	6:37
22.	142	3	Mark Miller	MOAB	UT	49	M	41:05	6:37
23.	182	3	Walter McCabe	CORINTH	MS	49	M	41:09	6:38
24.	53	3	Kent Roberts	COSTA MESA	CA	32	M	41:16	6:39
25.	46	3	Nick Moseley	GRAND JUNCTION	CO	30	M	41:23	6:40
26.	238	3	Keenan Skelly	RIFLE	CO	16	M	41:27	6:41
27.	692	3	Danen Friedly	FRUITA	CO	29	M	41:40	6:43
28.	694	3	Danielle Horton	HIGHLANDS RANCH	CO	30	M	41:47	6:44
29.	698	3	Larry Ingram	GRAND JUNCTION	CO	66	M	42:01	6:46
30.	341	3	Joe Bertran	PARK CITY	UT	47	M	42:13	6:48
31.	697	3	Rob Tran	GRAND JUNCTION	CO	44	M	42:31	6:51
32.	484	3	Tom Ela	GRAND JUNCTION	CO	57	M	42:51	6:54
33.	662	3	James Lewis	MONTEZUMA CREEK	UT	37	M	43:20	6:59
34.	305	3	Randy French	MOAB	UT	51	M	43:24	6:59
35.	616	3	George Salazar	GRAND JUNCTION	CO	53	M	43:27	7:00
36.	248	3	Stephen Carey	ALBUQUERQUE	NM	31	M	43:34	7:01
37.	275	3	Ryan Pietramali	SALT LAKE CITY	UT	34	M	43:36	7:01
38.	598	3	Ryan Harris	SALT LAKE CITY	UT	38	M	43:43	7:02
39.	536	3	Chris Bishop	RANGELY	CO	39	M	43:47	7:03
40.	399	3	Michael McBride	GRAND JUNCTION	CO	45	M	43:57	7:05
41.	620	3	Jack Ballenger	GRAND JUNCTION	CO	38	M	43:58	7:05
42.	323	3	Sam Starritt	GRAND JUNCTION	CO	43	M	44:03	7:06
43.	236	3	Ken Skelly	RIFLE	CO	56	M	44:05	7:06
44.	641	3	Dillon wells	CORTEZ	CO	15	M	44:20	7:09
45.	347	3	Tracy Michaud	APO	AE	37	M	44:29	7:10
46.	355	3	Kevin webb	BLANDING	UT	47	M	44:34	7:11
47.	16	3	Sean Mac Millan	GRAND JUNCTION	CO	38	M	44:39	7:12
48.	146	3	Scott Cameron	MONTROSE	CO	47	M	44:46	7:13
49.	619	3	David Acor	SPRINGVILLE	UT	41	M	44:50	7:13
50.	642	3	Shawn wells	CORTEZ	CO	44	M	44:50	7:13
51.	661	3	Matthew Lewis	MONTEZUMA CREEK	UT	12	M	45:02	7:15
52.	599	3	Tap Harris	FARMINGTON	NM	55	M	45:05	7:16
53.	419	3	Andy winnefeld	GRAND JUNCTION	CO	39	M	45:46	7:22
54.	451	3	Nate Curmano	DURANGO	CO	13	M	45:47	7:23
55.	18	3	Bradley Rich	SALT LAKE CITY	UT	61	M	45:51	7:23
56.	350	3	Hal saunders	HOLLADAY	UT	45	M	46:01	7:25

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57.	92	3	Aaron Meier	PROVO	UT	29	M	46:04	7:25
58.	562	3	Gary Lawson	PARACHUTE	CO	26	M	46:06	7:25
59.	690	3	Ernie Langelier	GRAND JUNCTION	CO	58	M	46:10	7:26
60.	496	3	Gery Wakefield	MOAB	UT	45	M	46:24	7:28
61.	608	3	Derrick Hogue	KIRTLAND	NM	27	M	46:29	7:29
62.	356	3	Shawn Wade	NEW CASTLE	CO	41	M	46:30	7:29
63.	559	3	Rob Trauscht	SALT LAKE CITY	UT	31	M	46:41	7:31
64.	678	3	Eric Jones	MOAB	UT	49	M	46:43	7:31
65.	528	3	Thomas Heelis	OREM	UT	42	M	46:44	7:32

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Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
66.	458	3	Steven Beutler	MONTROSE	CO	48	M	46:47	7:32
67.	157	3	Burke Priest	SALT LAKE CITY	UT	37	M	46:49	7:32
68.	673	3	Stephen Eddey	PACIFIC PINES	X	41	M	46:53	7:33
69.	83	3	Bill Sivert	BLANDING	UT	35	M	46:55	7:33
70.	107	3	Jason Bachlet	FRUITA	CO	41	M	46:56	7:34
71.	474	3	Donavan McFalls	CHARLOTTE	NC	33	M	47:12	7:36
72.	445	3	David Weber	SALT LAKE CITY	UT	38	M	47:13	7:36
73.	125	3	Justin Fugate	ROY	UT	36	M	47:16	7:37
74.	489	3	Brent Heaton	ALTON	UT	25	M	47:17	7:37
75.	465	3	Jeffrey Noland	OGDEN	UT	49	M	47:27	7:39
76.	96	3	Kyle Vanarsdol	MOLINA	CO	32	M	47:29	7:39
77.	246	3	Pike Sowle	COTTONWOOD HEIGHTS	UT	35	M	47:50	7:42
78.	578	3	Brian Mattox	MONTICELLO	UT	46	M	47:52	7:43
79.	20	3	Andy Nettell	MOAB	UT	50	M	47:54	7:43
80.	648	3	Keith Stearns	HOOPER	UT	34	M	47:55	7:43
81.	438	3	Nick Ammons	GRAND JUNCTION	CO	33	M	47:57	7:43
82.	644	3	Steven Collins	DURANGO	CO	40	M	48:22	7:47
83.	656	3	Grange Simpson	BLUFF	UT	11	M	48:24	7:48
84.	587	3	Butch Karl	GRAND JUNCTION	CO	57	M	48:28	7:48
85.	654	3	Steven Simpson	BLUFF	UT	51	M	48:29	7:49
86.	316	3	Fred Horndli	SALT LAKE CITY	UT	33	M	48:32	7:49
87.	429	3	Randy Wright	FRUIT HEIGHTS	UT	52	M	49:02	7:54
88.	363	3	Robert Sanders	BLANDING	UT	55	M	49:02	7:54
89.	377	3	Mark Endres	BLANDING	UT	53	M	49:04	7:54
90.	203	3	Ken Herron	FLAGSTAFF	AZ	43	M	49:04	7:54
91.	499	3	Perry Rupp	FRUITA	CO	53	M	49:10	7:55
92.	161	3	Joel Tuhy	MOAB	UT	55	M	49:12	7:55
93.	544	3	Shane Ring	MOAB	UT	46	M	49:15	7:56
94.	30	3	Norm Beagley	PROVO	UT	42	M	49:21	7:57
95.	166	3	Earl Fulcher	LEHI	UT	44	M	49:27	7:58
96.	358	3	Parrish Watson	FRUITA	CO	44	M	49:31	7:58
97.	596	3	Jaymes Myers	SALT LAKE CITY	UT	26	M	49:33	7:59
98.	370	3	Peter Marshall	DURANGO	CO	53	M	49:37	7:59
99.	297	3	Darin Giles	FARR WEST	UT	34	M	49:41	8:00
100.	696	3	James Sanders	PALISADE	CO	32	M	49:41	8:00
101.	155	3	Michael Scott	NEWCASTLE	CO	54	M	49:45	8:01
102.	206	3	Kirk Hazleton	MONTICELLO	UT	30	M	49:57	8:03
103.	674	3	David Meas	BOULDER	CO	29	M	50:01	8:03
104.	324	3	Dan Rubinstein	GRAND JUNCTION	CO	39	M	50:23	8:07
105.	37	3	Daniel Berube	SANDY	UT	44	M	50:29	8:08
106.	447	3	Todd Hackney	MOAB	UT	41	M	50:35	8:09
107.	569	3	Chris Nerbonne	GRAND JUNCTION	CO	32	M	50:38	8:09
108.	117	3	Bruce Rittenhouse	DEL NORTE	CO	51	M	50:44	8:10
109.	552	3	Brian Nicholls	WEST VALLEY CITY	UT	30	M	50:45	8:10
110.	263	3	Michael Estenson	MOAB	UT	38	M	50:50	8:11

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111.	393	3	Chris Gaut	SANTA ROSA	CA	44	M	50:53	8:12
112.	403	3	Wes Glissmeyer	KAYSVILLE	UT	16	M	51:03	8:13
113.	384	3	Scott Larson	HUDSON	WI	59	M	51:04	8:14
114.	588	3	Dan Olson	BOULDER	CO	36	M	51:06	8:14
115.	402	3	Brian Glissmeyer	KAYSVILLE	UT	45	M	51:07	8:14
116.	541	3	Paul Frisbie	GRAND JUNCTION	CO	47	M	51:11	8:15
117.	407	3	Kirt Motta	SANDY	UT	44	M	51:25	8:17
118.	25	3	Worthy Glover	BLANDING	UT	38	M	51:30	8:18
119.	303	3	Robert Crisp	SALT LAKE CITY	UT	37	M	51:31	8:18
120.	567	3	Rick Clayton	SALT LAKE CITY	UT	46	M	51:32	8:18
121.	590	3	Tom Streich	GRAND JUNCTION	CO	55	M	51:35	8:18
122.	211	3	Randy Haws	WEST JORDAN	UT	56	M	51:43	8:20
123.	526	3	Jared Ashby	CEDAR HILLS	UT	34	M	51:48	8:21
124.	545	3	Mike Giles	GRAND JUNCTION	CO	30	M	51:52	8:21
125.	28	3	Jeff Greve	CORTEZ	CO	50	M	52:02	8:23
126.	90	3	Art Rohr	CORTEZ	CO	62	M	52:02	8:23
127.	529	3	Bryan Martin	CEDAR HILLS	UT	36	M	52:11	8:24
128.	204	3	Mark Hegland	SAN FRANCISCO	CA	39	M	52:19	8:26
129.	448	3	Joel Ferre	KAYSVILLE	UT	41	M	52:40	8:29
130.	147	3	Jordan Watt	RIVER HEIGHTS	UT	27	M	52:46	8:30

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Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
131.	490	3	Gary Stubler	GRAND JUNCTION	CO	51	M	52:50	8:31
132.	636	3	Ted Messer	HOLLADAY	UT	53	M	52:52	8:31
133.	466	3	John Bartolomucci	CASTLE VALLEY	UT	61	M	52:52	8:31
134.	65	3	Brian Wolsey	SALT LAKE CITY	UT	47	M	52:53	8:31
135.	49	3	Mark Crosby	SALT LAKE CITY	UT	48	M	52:53	8:31
136.	537	3	Chad Garner	MONTICELLO	UT	23	M	53:07	8:33
137.	227	3	Scott Greene	HOLLADAY	UT	23	M	53:08	8:33
138.	243	3	Larry Stelmach	GRAND JUNCTION	CO	51	M	53:21	8:36
139.	111	3	Joe Lyman	BLANDING	UT	48	M	53:31	8:37
140.	575	3	Richard Barnett	RICHFIELD	UT	51	M	53:42	8:39
141.	279	3	Gene Maas	WEST POINT	UT	34	M	53:53	8:41
142.	374	3	Steve Stovall	HESPERUS	CO	70	M	54:04	8:42
143.	531	3	Lex Black	PRICE	UT	47	M	54:21	8:45
144.	381	3	Joseph Heywood	MOAB	UT	37	M	54:31	8:47
145.	76	3	Gordon Jacobson	SALT LAKE CITY	UT	48	M	54:32	8:47
146.	522	3	Devin Watts	ST. GEORGE	UT	28	M	54:50	8:50
147.	178	3	Steven Defeyter	WHITEWATER	CO	59	M	54:52	8:50
148.	682	3	Ryan Moran	MOAB	UT	30	M	54:57	8:51
149.	518	3	Jordan Steed	ALTON	UT	24	M	55:03	8:52
150.	197	3	David Bateman	SOUTH JORDAN	UT	44	M	55:22	8:55
151.	60	3	Mark Marsing	WEST JORDAN	UT	50	M	55:25	8:55
152.	180	3	Bruce Strom	MIDWAY	UT	48	M	55:37	8:57
153.	473	3	Charles McFalls	FAIEVIEW	NC	64	M	55:41	8:58
154.	159	3	David Lyman	BLANDING	UT	52	M	55:46	8:59
155.	699	3	Jim Marino	PARK CITY	UT	37	M	55:50	9:00
156.	278	3	Scott Rose	PARKER	CO	41	M	55:53	9:00
157.	44	3	Kevin Hoffman	OGDEN	UT	52	M	55:58	9:01
158.	296	3	Ed Lenhart	FRUITA	CO	53	M	56:00	9:01
159.	264	3	Mike Tucker	MOAB	UT	59	M	56:17	9:04
160.	602	3	Bert Manheimer	BLANDING	UT	38	M	56:30	9:06
161.	497	3	Chris Capron	GRAND JUNCTION	CO	30	M	56:39	9:07
162.	391	3	Clay Allred	MOAB	UT	28	M	57:01	9:11
163.	456	3	Dave Kappus	SANDY	UT	34	M	57:05	9:12
164.	487	3	Adam McPherson	SALT LAKE CITY	UT	28	M	57:32	9:16

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165.	534	3	Thomas Orr	FRUITA	CO	52	M	57:39	9:17
166.	101	3	Cliff Hutton	CODY	WY	54	M	57:45	9:18
167.	527	3	Brayden Tackett	KAYSVILLE	UT	15	M	57:54	9:20
168.	461	3	John Schnitzer	SANDY	UT	59	M	58:00	9:20
169.	334	3	Dennis Young	GRAND JUNCTION	CO	67	M	58:08	9:22
170.	417	3	Robert Cox	PRICE	UT	52	M	58:17	9:23
171.	571	3	Jeffersen Jorgensen	HELPER	UT	61	M	58:23	9:24
172.	379	3	Tom McNamara	FRUITA	CO	60	M	58:29	9:25
173.	396	3	Kelton McGrath	PLEASANT GROVE	UT	11	M	58:32	9:26
174.	472	3	Dave Heal	BOULDER	CO	28	M	58:34	9:26
175.	328	3	Stephanie Rubinstein	GRAND JUNCTION	CO	39	M	58:35	9:26
176.	12	3	Tyler Jacobs	STEAMBOAT SPRINGS	CO	35	M	58:41	9:27
177.	670	3	Mark Green	HOLLADAY	UT	27	M	58:56	9:29
178.	244	3	Jeff Price	OREM	UT	40	M	59:00	9:30
179.	459	3	Justin Jensen	SALT LAKE CITY	UT	45	M	59:03	9:31
180.	88	3	Scott Laws	MONTICELLO	UT	37	M	59:12	9:32
181.	601	3	Trent Schafer	MONTICELLO	UT	52	M	59:26	9:34
182.	235	3	Tim Beagley	WEST VALLEY CITY	UT	46	M	59:29	9:35
183.	369	3	Jack Marshall	DURANGO	CO	13	M	1:00:26	9:44
184.	201	3	Jason Knighton	WEST JORDAN	UT	37	M	1:00:58	9:49
185.	657	3	Marvin Day	MOAB	UT	55	M	1:01:12	9:51
186.	441	3	Kincade Bauer	SANDY	UT	35	M	1:01:13	9:51
187.	405	3	Stephen Frisby	OREM	UT	61	M	1:01:49	9:57
188.	314	3	Tim Rodriguez	WEST JORDAN	UT	44	M	1:01:52	9:58
189.	333	3	John Wolcott	GRAND JUNCTION	CO	59	M	1:01:59	9:59
190.	218	3	Kelly Knighton	WEST JORDAN	UT	57	M	1:02:22	10:03
191.	38	3	Chris Lamkin	SALT LAKE CITY	UT	43	M	1:02:28	10:04
192.	582	3	Nicholas Lewis	SALT LAKE CITY	UT	29	M	1:03:27	10:13
193.	273	3	Mark Weissinger	MOBE	UT	35	M	1:04:09	10:20
194.	259	3	Robert Bailey	WEST JORDAN	UT	39	M	1:04:12	10:20
195.	89	3	Steve Watts	KAYSVILLE	UT	54	M	1:04:18	10:21

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Place	No.	C	NAME	City	St	Ag	S	TENK	Pace
196.	137	3	Cody Christensen	MOUNTAIN HOME	UT	39	M	1:04:22	10:22
197.	130	3	Rich Knickerbocker	SALT LAKE CITY	UT	62	M	1:04:26	10:23
198.	386	3	David Cox	PRICE	UT	56	M	1:04:49	10:26
199.	353	3	John Nisley	GRAND JUNCTION	CO	23	M	1:04:55	10:27
200.	152	3	Matt Huff	PRICE	UT	40	M	1:05:25	10:32
201.	533	3	Matt Lemons	SALT LAKE CITY	UT	23	M	1:05:43	10:35
202.	346	3	Ian Fradl	DELTA	CO	34	M	1:05:54	10:37
203.	302	3	Bryan Wrigley	SMITHFIELD	UT	35	M	1:05:58	10:37
204.	591	3	Paul Eilers	MOAB	UT	65	M	1:06:50	10:46
205.	581	3	Kateni Leakehe	TOOELE	UT	50	M	1:06:59	10:47
206.	414	3	John Carlson	OGDEN	UT	37	M	1:07:17	10:50
207.	508	3	Cameron Phillips	SHIPROCK	NM	12	M	1:08:02	10:57
208.	395	3	Ryland McGrath	PLEASANT GROVE	UT	9	M	1:08:53	11:06
209.	75	3	Jonathan Huggins	LITTLETON	CO	29	M	1:09:15	11:09
210.	633	3	Mark Schaerrer Sr	OREM	UT	55	M	1:10:59	11:26
211.	614	3	Michael Vande Sluis	WEST JORDAN	UT	28	M	1:11:42	11:33
212.	191	3	Kirk Pearson	MOAB	UT	45	M	1:11:45	11:33
213.	249	3	Mark Schaerrer	WEST VALLEY CITY	UT	30	M	1:13:09	11:47
214.	177	3	Chuck Mattson	GRAND JUNCTION	CO	55	M	1:13:47	11:53
215.	669	3	Chris Radtke	MONTICELLO	UT	25	M	1:14:11	11:57
216.	66	3	Kevin Wunder	OREM	UT	27	M	1:15:20	12:08
217.	672	3	Tyler Cobb	RIVERTON	UT	27	M	1:18:29	12:38
218.	216	3	Douglas Aitken	MONTICELLO	UT	49	M	1:18:47	12:41

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219.	224	3	Vern Petersen	RIVERTON	UT	36	M	1:22:31	13:17
220.	628	3	Jeffrey Smith	MOAB	UT	57	M	1:22:41	13:19
221.	423	3	John Douglas	GRAND JUNCTION	CO	55	M	1:24:19	13:35
222.	48	3	Travis Livingston	HUNTINGTON	UT	37	M	1:24:33	13:37
223.	630	3	Richard Jenkinson	MOAB	UT	58	M	1:25:05	13:42
224.	638	3	Ken Ballantyne	MOAB	UT	56	M	1:26:31	13:56
225.	171	3	Brian Wade	SALT LAKE CITY	UT	36	M	1:38:47	15:54

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225 records processed.

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