

OVERALL FEMALE 10K RESULTS - TOP 1

| Place | No. | C NAME | City | St | Ag | S | TENK |
|-------|-----|----------------------|--------|----|----|---|-------|
| 1. | 2 | 3 Megan Lund-Lizotte | BASALT | CO | 27 | F | 36:57 |

MASTERS FEMALE 10K RESULTS - TOP 1

| Place | No. | C NAME | City | St | Ag | S | TENK |
|-------|-----|----------------------|-----------|----|----|---|-------|
| 1. | 73 | 3 Robin Blankenbaker | FLAGSTAFF | AZ | 47 | F | 42:39 |

FEMALE AGE GROUP RESULTS

2011 Winter Sun 10k Run

Moab, UT December 3, 2011 10:00 am Partly Sunny, 35-40 degrees.

Directed by: Moab Half Marathon

FEMALE 10K AGE GROUP: 1 - 11

| Place | No. | C NAME | City | St | Ag | S | TENK |
|-------|-----|--------------------|----------|----|----|---|---------|
| 1. | 94 | 3 Jessica Walker | BLANDING | UT | 11 | F | 52:57 |
| 2. | 311 | 3 Emmeline Heywood | MOAB | UT | 10 | F | 1:10:09 |

FEMALE 10K AGE GROUP: 12 - 15

| Place | No. | C NAME | City | St | Ag | S | TENK |
|-------|-----|-------------------|-------------|----|----|---|---------|
| 1. | 637 | 3 Kira Simpson | BLUFF | UT | 15 | F | 54:20 |
| 2. | 622 | 3 Kim Sandbach | WOODY CREEK | CO | 13 | F | 57:16 |
| 3. | 30 | 3 Carly Delbridge | HEBER CITY | UT | 12 | F | 1:19:59 |
| 4. | 107 | 3 Kathryn Humes | OREM | UT | 12 | F | 1:26:00 |

FEMALE 10K AGE GROUP: 16 - 19

| Place | No. | C NAME | City | St | Ag | S | TENK |
|-------|-----|--------------------|------------|----|----|---|---------|
| 1. | 228 | 3 Catrina Johnson | BICKNELL | UT | 16 | F | 49:01 |
| 2. | 231 | 3 Clarissa Johnson | BICKNELL | UT | 16 | F | 51:33 |
| 3. | 185 | 3 Lindsay Hyde | FRUITA | CO | 18 | F | 54:24 |
| 4. | 123 | 3 Alexa Humes | OREM | UT | 16 | F | 1:13:36 |
| 5. | 23 | 3 Nina Heidepriem | HEBER CITY | UT | 16 | F | 1:25:08 |

FEMALE 10K AGE GROUP: 20 - 29

| Place | No. | C NAME | City | St | Ag | S | TENK |
|-------|-----|----------------------|------------------|----|----|---|---------|
| 1. | 623 | 3 Dr. Annie Reece | GRAND JUNCTION | CO | 27 | F | 43:56 |
| 2. | 624 | 3 Maia Wittenbrook | SLC | UT | 28 | F | 45:14 |
| 3. | 135 | 3 Ashley Powell | CODY | WY | 25 | F | 46:52 |
| 4. | 266 | 3 Megan Crowley | DURANGO | CO | 28 | F | 47:17 |
| 5. | 424 | 3 Quinn Cooper | GRAND JUNCTION | CO | 22 | F | 47:45 |
| 6. | 548 | 3 Chelsea Cox | MONTROSE | CO | 28 | F | 47:49 |
| 7. | 388 | 3 Shauna Bevis | GRAND JUNCTION | CO | 27 | F | 48:11 |
| 8. | 246 | 3 Anna Bollinger | NUCLA | CO | 28 | F | 48:47 |
| 9. | 286 | 3 Meghan Flynn | MOAB | UT | 29 | F | 49:26 |
| 10. | 464 | 3 Krystal Ryan | GRAND JUNCTION | CO | 25 | F | 49:35 |
| 11. | 520 | 3 Samantha Lefevre | DELTA | UT | 20 | F | 49:56 |
| 12. | 403 | 3 Shaula Palmer | DURANGO | CO | 29 | F | 50:05 |
| 13. | 293 | 3 Amber Williams | MOAB | UT | 28 | F | 51:31 |
| 14. | 546 | 3 Carmen Rickard | GRAND JUNCTION | CO | 28 | F | 52:02 |
| 15. | 542 | 3 Eve Donegan | RIDGWAY | CO | 25 | F | 53:32 |
| 16. | 579 | 3 Meaghan Henson | TELLURIDE | CO | 28 | F | 54:35 |
| 17. | 561 | 3 Codi Ramsey | EPHRAIM | UT | 26 | F | 55:09 |
| 18. | 300 | 3 Heidi Hinckley | SPANISH FORK | UT | 29 | F | 55:21 |
| 19. | 385 | 3 Kelly Garner | GRAND JUNCTION | CO | 23 | F | 55:38 |
| 20. | 465 | 3 Leanne Evans | CARBONDALE | CO | 29 | F | 55:41 |
| 21. | 396 | 3 Josi Child | NORTH OGDEN | UT | 21 | F | 55:51 |
| 22. | 339 | 3 Elissa Pastuzyn | SALT LAKE CITY | UT | 24 | F | 56:37 |
| 23. | 443 | 3 Chloe Ruebeck | SALT LAKE CITY | UT | 25 | F | 57:35 |
| 24. | 474 | 3 Jenae Boren | LEHI | UT | 28 | F | 57:47 |
| 25. | 515 | 3 Katie Rainer | LEHI | UT | 29 | F | 57:56 |
| 26. | 573 | 3 Wyndi Henson | TELLURIDE | CO | 29 | F | 58:14 |
| 27. | 341 | 3 Serah Mead | MOAB | UT | 26 | F | 58:29 |
| 28. | 535 | 3 Elissa Stafford | GRAND JUNCTIO | CO | 29 | F | 59:00 |
| 29. | 531 | 3 Allyson Oconnor | MOAB | UT | 26 | F | 59:11 |
| 30. | 491 | 3 Annie Hull | FARR WEST | UT | 29 | F | 59:26 |
| 31. | 508 | 3 Heidi Blake | MOAB | UT | 26 | F | 59:32 |
| 32. | 401 | 3 Jillian Sutherland | GLENWOOD SPRINGS | CO | 27 | F | 59:56 |
| 33. | 200 | 3 Brittney Madsen | DELTA | CO | 29 | F | 1:00:18 |
| 34. | 350 | 3 Jordan Guckert | SALT LAKE CITY | UT | 21 | F | 1:00:53 |

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|-----|-----|---|--------------------|-----------------|----|----|---|---------|
| 35. | 267 | 3 | Emily Larsen | PROVO | UT | 21 | F | 1:01:10 |
| 36. | 80 | 3 | Cassandra Butters | LYMAN | WY | 24 | F | 1:01:19 |
| 37. | 214 | 3 | Melissa Wennergren | SALT LAKE CITY | UT | 27 | F | 1:01:46 |
| 38. | 203 | 3 | Brittany Shields | BLANDING | UT | 28 | F | 1:01:47 |
| 39. | 213 | 3 | Mindy Kaiser | SALT LAKE CITY | UT | 29 | F | 1:02:00 |
| 40. | 65 | 3 | Chelsea Tippetts | NORTH SALT LAKE | UT | 27 | F | 1:02:30 |
| 41. | 221 | 3 | Chelsea Johnson | KAMAS | UT | 29 | F | 1:03:21 |
| 42. | 365 | 3 | Trina Pugmire | SALT LAKE CITY | UT | 28 | F | 1:04:39 |
| 43. | 522 | 3 | Jessica Retka | MOAB | UT | 24 | F | 1:06:46 |
| 44. | 521 | 3 | Kate Heath | MOAB | UT | 25 | F | 1:06:47 |
| 45. | 342 | 3 | Ariana Brocious | PAONIA | CO | 26 | F | 1:06:47 |
| 46. | 186 | 3 | Laura Haley | MOAB | UT | 27 | F | 1:07:00 |
| 47. | 594 | 3 | Katelyn Grinder | RIVERTON | UT | 26 | F | 1:07:04 |
| 48. | 151 | 3 | Austin Cowan | PRICE | UT | 28 | F | 1:09:11 |
| 49. | 627 | 3 | Michelle Erwin | DRIGGS | ID | 29 | F | 1:09:54 |
| 50. | 255 | 3 | Stephanie Milner | DURANGO | CO | 29 | F | 1:11:18 |
| 51. | 323 | 3 | Bethany Goodwin | NUCLA | CO | 29 | F | 1:15:04 |
| 52. | 288 | 3 | Lisa Carter | MOAB | UT | 28 | F | 1:17:34 |
| 53. | 124 | 3 | Apryl Bradford | SPANISH FORK | UT | 26 | F | 1:17:58 |
| 54. | 382 | 3 | Bobbi Jean Brewer | AUSTIN | CO | 28 | F | 1:22:07 |
| 55. | 427 | 3 | Angie Nielsen | SLC | UT | 27 | F | 1:22:12 |
| 56. | 122 | 3 | Sara Williams | FRUTIA | CO | 28 | F | 1:27:00 |

FEMALE 10K AGE GROUP: 30 - 39

| Place | No. | C | NAME | City | St | Ag | S | TENK |
|-------|-----|---|----------------------|------------------|----|----|---|-------|
| 1. | 28 | 3 | Karah Levely-Rinaldi | GRAND JUNCTION | CO | 38 | F | 43:33 |
| 2. | 669 | 3 | Shannon Koch | GRAND JUNCTION | CO | 37 | F | 44:15 |
| 3. | 352 | 3 | Michelle Akcar | GRAND JUNCTION | CO | 39 | F | 44:56 |
| 4. | 416 | 3 | Coni Horndli | SALT LAKE CITY | UT | 33 | F | 45:04 |
| 5. | 569 | 3 | Chantry Dasaro | TELLURIDE | CO | 32 | F | 46:36 |
| 6. | 526 | 3 | Judy Tatton | WEST JORDAN | UT | 31 | F | 46:43 |
| 7. | 538 | 3 | Lee Sheets | MOAB | UT | 34 | F | 47:06 |
| 8. | 537 | 3 | Jenna Woodbury | MOAB | UT | 38 | F | 47:32 |
| 9. | 589 | 3 | Julie Johnson | MOAB | UT | 30 | F | 50:23 |
| 10. | 128 | 3 | Tamara Olsen | CHANDLER | AZ | 39 | F | 50:25 |
| 11. | 137 | 3 | Charla Saunders | MOAB | UT | 33 | F | 50:43 |
| 12. | 29 | 3 | Amber Niesen | MOAB | UT | 30 | F | 50:47 |
| 13. | 592 | 3 | Lana Bailey | PROVO | UT | 39 | F | 51:09 |
| 14. | 44 | 3 | Mary Ward | SALT LAKE CITY | UT | 37 | F | 51:12 |
| 15. | 285 | 3 | Laetitia Linard | GRAND JUNCTION | CO | 31 | F | 51:19 |
| 16. | 422 | 3 | Amy Walling | MOAB | UT | 39 | F | 51:27 |
| 17. | 650 | 3 | Courtney Ewing | MOAB | UT | 30 | F | 51:34 |
| 18. | 157 | 3 | Amy Dziedzic | FRUITA | CO | 35 | F | 51:47 |
| 19. | 460 | 3 | Lilley Powell | IGNACIO | CO | 33 | F | 52:17 |
| 20. | 523 | 3 | Paige Stuart | MOAB | UT | 32 | F | 52:22 |
| 21. | 621 | 3 | Rebecca Britter | SALT LAKE CITY | UT | 38 | F | 52:52 |
| 22. | 41 | 3 | Esther Godson | DURANGO | CO | 30 | F | 53:12 |
| 23. | 250 | 3 | Sonja Davidson | OGDEN | UT | 33 | F | 53:58 |
| 24. | 517 | 3 | Kelly Evans | MOAB | UT | 31 | F | 54:01 |
| 25. | 257 | 3 | Valerie Krebs | GRAND JUNCTION | CO | 38 | F | 54:26 |
| 26. | 109 | 3 | Angela Johnson | FRUITA | CO | 37 | F | 54:52 |
| 27. | 165 | 3 | Angela Amans | GRAND JUNCTION | CO | 39 | F | 55:11 |
| 28. | 425 | 3 | Melissa Edge | MOAB | UT | 36 | F | 55:36 |
| 29. | 274 | 3 | Corey Hinman | FRUITA | CO | 36 | F | 55:36 |
| 30. | 170 | 3 | Morgan Meadows | SARATOGA SPRINGS | UT | 30 | F | 55:41 |
| 31. | 511 | 3 | Crystal Moore | MONTROSE | CO | 33 | F | 56:03 |
| 32. | 195 | 3 | Kari Pugh | BLANDING | UT | 36 | F | 56:11 |
| 33. | 245 | 3 | Kerri Cosby | MIDVALE | UT | 32 | F | 56:35 |
| 34. | 506 | 3 | Heather Litster | MIDVALE | UT | 31 | F | 56:36 |
| 35. | 513 | 3 | Kirbi Fuchs | WEST VALLEY CITY | UT | 30 | F | 56:47 |
| 36. | 47 | 3 | Jocelyn Kearn | DRAPER | UT | 39 | F | 56:48 |
| 37. | 600 | 3 | Susie Knudsen | CEDAR CITY | UT | 34 | F | 56:52 |
| 38. | 451 | 3 | Jennifer Taylor | GRAND JUNCTION | CO | 33 | F | 56:55 |
| 39. | 22 | 3 | Stacey Taylor | HEBER CITY | UT | 37 | F | 57:27 |
| 40. | 534 | 3 | Valori Miles | SYRACUSE | UT | 37 | F | 57:34 |
| 41. | 258 | 3 | Lori Cressler | DELTA | CO | 39 | F | 57:43 |
| 42. | 649 | 3 | Christa Green | MOAB | UT | 30 | F | 57:54 |
| 43. | 587 | 3 | Laura Sanders | PALISADE | CO | 32 | F | 58:19 |
| 44. | 147 | 3 | Carie Ruggiano | PROVO | UT | 37 | F | 58:21 |
| 45. | 657 | 3 | Bryony Chamberlain | MOAB | UT | 32 | F | 58:24 |
| 46. | 454 | 3 | Wendy Young | MOAB | UT | 35 | F | 58:56 |
| 47. | 232 | 3 | Susan Woods | SOUTH JORDAN | UT | 33 | F | 59:07 |

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| 48. | 153 | 3 | Bev Guo | SALT LAKE CITY | UT | 33 | F | 59:09 |
| 49. | 450 | 3 | Susan Kishegyi | GRAND JUNCTION | CO | 39 | F | 59:27 |
| 50. | 536 | 3 | Alies Keogh | MOAB | UT | 39 | F | 59:35 |
| 51. | 480 | 3 | Kris Hackney | MOAB | UT | 39 | F | 59:35 |
| 52. | 615 | 3 | Jamie Carter | MOAB | UT | 31 | F | 59:36 |
| 53. | 278 | 3 | Shaunna Sanders | MOAB | UT | 37 | F | 1:00:13 |
| 54. | 189 | 3 | Angela Larsen | PRICE | UT | 30 | F | 1:00:18 |
| 55. | 64 | 3 | Emily Girdwood | CRESTED BUTTE | CO | 30 | F | 1:01:02 |
| 56. | 79 | 3 | Stacey Moseley | GRAND JUNCTION | CO | 32 | F | 1:01:06 |
| 57. | 602 | 3 | Wendi Gechter | GRAND JUNCTION | CO | 32 | F | 1:01:06 |
| 58. | 532 | 3 | Karisa Larsen | MOAB | UT | 32 | F | 1:01:13 |
| 59. | 665 | 3 | Kate Hart | GRAND JUNCTION | CO | 33 | F | 1:01:14 |
| 60. | 678 | 3 | Carrie Alexander | MOAB | UT | 35 | F | 1:01:21 |
| 61. | 149 | 3 | Marci Jenks | MIDVALE | UT | 36 | F | 1:01:28 |
| 62. | 166 | 3 | Emily Swogger-Reaves | SARATOGA SPRINGS | UT | 34 | F | 1:01:32 |
| 63. | 8 | 3 | Deanna Baranyi | ARVADA | CO | 36 | F | 1:01:47 |
| 64. | 187 | 3 | Gina Herzog | COMMERCE CITY | CO | 30 | F | 1:01:53 |
| 65. | 361 | 3 | Myrth McDonald | SILVERTHORNE | CO | 35 | F | 1:02:01 |
| 66. | 429 | 3 | Leanne Brumage | PLEASANT GROVE | UT | 39 | F | 1:02:25 |
| 67. | 144 | 3 | Angie Workman | MAPLETON | UT | 37 | F | 1:02:44 |
| 68. | 45 | 3 | Ann Mansell | SANDY | UT | 33 | F | 1:02:49 |
| 69. | 78 | 3 | Mandie Birchem | DENVER | CO | 31 | F | 1:03:14 |
| 70. | 97 | 3 | Jess Smith | SLC | UT | 38 | F | 1:03:35 |
| 71. | 280 | 3 | Anna Bruno | MOAB | UT | 35 | F | 1:04:28 |
| 72. | 413 | 3 | Michelle Merrill | SALT LAKE CITY | UT | 30 | F | 1:04:28 |
| 73. | 218 | 3 | Angee Gardiner | KAYSVILLE | UT | 34 | F | 1:04:49 |
| 74. | 390 | 3 | Rachelle Nelson | ROOSEVELT | UT | 31 | F | 1:04:53 |
| 75. | 378 | 3 | Chastity Vigil | GRAND JUNCTION | CO | 38 | F | 1:05:15 |
| 76. | 351 | 3 | Jeanie Wilson | HELPER | UT | 39 | F | 1:05:17 |
| 77. | 389 | 3 | Amy Carpenter | SALT LAKE CITY | UT | 34 | F | 1:05:55 |
| 78. | 519 | 3 | Delite Primus | MOAB | UT | 32 | F | 1:06:36 |
| 79. | 518 | 3 | Ann Perri | MOAB | UT | 33 | F | 1:06:36 |
| 80. | 43 | 3 | Jaime Horton | SALT LAKE CITY | UT | 35 | F | 1:07:03 |
| 81. | 368 | 3 | Helle Abildso | SALT LAKE CITY | UT | 38 | F | 1:07:20 |
| 82. | 599 | 3 | Jennifer Tougher | TELLURIDE | CO | 34 | F | 1:07:50 |
| 83. | 277 | 3 | Jana Boies | GRAND JUNCTION | CO | 32 | F | 1:07:57 |
| 84. | 116 | 3 | Kelli Washburn | LAYTON | UT | 30 | F | 1:08:47 |
| 85. | 340 | 3 | Amy Hamilton | GRAND JUNCTION | CO | 37 | F | 1:08:49 |
| 86. | 472 | 3 | Amanda Rich | PALISADE | CO | 32 | F | 1:09:45 |
| 87. | 439 | 3 | Shea Faux | SPRINGVILLE | UT | 31 | F | 1:10:14 |
| 88. | 625 | 3 | Tina Nackos | SPRINGVILLE | UT | 38 | F | 1:10:15 |
| 89. | 130 | 3 | Shamar Lejardi | SALT LAKE CITY | UT | 30 | F | 1:10:19 |
| 90. | 512 | 3 | Samantha Harris | SANDY | UT | 30 | F | 1:11:27 |
| 91. | 136 | 3 | Candace Horne | SUNSET | UT | 33 | F | 1:11:41 |
| 92. | 516 | 3 | Emily Niehaus | MOAB | UT | 33 | F | 1:11:48 |
| 93. | 556 | 3 | Amy Collins | SUNNYSIDE | UT | 32 | F | 1:12:07 |
| 94. | 482 | 3 | Melissa Gibbs | RIVERTON | UT | 35 | F | 1:12:26 |
| 95. | 327 | 3 | Melissa Calton | WEST VALLEY CITY | UT | 35 | F | 1:12:47 |
| 96. | 647 | 3 | Angela Weeks | CARBONDALE | CO | 31 | F | 1:12:54 |
| 97. | 400 | 3 | Brooke Raby | SOUTH JORDAN | UT | 34 | F | 1:13:22 |
| 98. | 438 | 3 | Shlisa Hughes | GREEN RIVER | UT | 38 | F | 1:13:57 |
| 99. | 432 | 3 | Danielle Hansen | GREEN RIVER | UT | 38 | F | 1:13:58 |
| 100. | 670 | 3 | Angela Manzanares | GRAND JUNCTION | CO | 36 | F | 1:15:12 |
| 101. | 433 | 3 | Myrinda Barnes | SPANISH FORK | UT | 38 | F | 1:15:39 |
| 102. | 677 | 3 | Gwen Clemens | TELLURIDE | CO | 31 | F | 1:17:19 |
| 103. | 370 | 3 | Kathleen Fehr | SALT LAKE CITY | UT | 30 | F | 1:19:28 |
| 104. | 262 | 3 | Jennifer Hancewicz | MOAB | UT | 38 | F | 1:19:53 |
| 105. | 639 | 3 | Janelle Bauer | SANDY | UT | 36 | F | 1:20:33 |
| 106. | 430 | 3 | Hilary Patchett | SPANISH FORK | UT | 31 | F | 1:22:59 |
| 107. | 138 | 3 | Katy Seely | SANDY | UT | 33 | F | 1:23:30 |
| 108. | 261 | 3 | Stephanie Haycock | MOAB | UT | 34 | F | 1:24:19 |
| 109. | 134 | 3 | Jodi Humes | OREM | UT | 38 | F | 1:26:01 |
| 110. | 558 | 3 | Jennifer Wall | MYTON | UT | 39 | F | 1:28:30 |
| 111. | 244 | 3 | Emery Blanchard | SALT LAKE CITY | UT | 30 | F | 1:32:48 |
| 112. | 230 | 3 | Samantha Vande Sluis | TAYLORSVILLE | UT | 30 | F | 1:33:30 |

FEMALE 10K AGE GROUP: 40 - 49

| Place | No. | C | NAME | City | St | Ag | S | TENK |
|-------|-------|-------|-----------------|----------------|-------|-------|-------|-------|
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| 1. | 276 | 3 | Ilana Stern | DURANGO | CO | 48 | F | 43:06 |
| 2. | 541 | 3 | Stacy Antonucci | GRAND JUNCTION | CO | 41 | F | 47:18 |
| 3. | 53 | 3 | Rhonda Cowern | MOAB | UT | 40 | F | 49:06 |
| 4. | 303 | 3 | Wendy Child | SALT LAKE CITY | UT | 46 | F | 49:17 |

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| 5. | 402 | 3 | Elizabeth Schnittker | GRAND JUNCTION | CO | 42 | F | 49:29 |
| 6. | 60 | 3 | Katie Cassiday | OGDEN | UT | 40 | F | 49:34 |
| 7. | 473 | 3 | Ann Taylor | SALT LAKE CITY | UT | 44 | F | 49:41 |
| 8. | 353 | 3 | Tracey Frescino | OGDEN | UT | 42 | F | 49:54 |
| 9. | 610 | 3 | Julia Whitmore | PALISADE | CO | 41 | F | 50:00 |
| 10. | 89 | 3 | Tina Andersen | BICKNELL | UT | 45 | F | 50:03 |
| 11. | 161 | 3 | Melody Blomquist | HEBER | UT | 48 | F | 50:22 |
| 12. | 273 | 3 | Alison Gromme | CANON CITY | CO | 44 | F | 50:28 |
| 13. | 459 | 3 | Loralie Jensen | GRAND JUNCTION | CO | 45 | F | 50:31 |
| 14. | 671 | 3 | Amy Paul | GRAND JUNCTION | CO | 44 | F | 50:46 |
| 15. | 656 | 3 | Karen Pramenko | GRAND JUNCTION | CO | 41 | F | 50:46 |
| 16. | 529 | 3 | Sondra Preston | SUNNYSIDE | UT | 43 | F | 50:48 |
| 17. | 455 | 3 | Amy Hand | GRAND JUNCTION | CO | 41 | F | 51:10 |
| 18. | 333 | 3 | Ann Welshko | MOAB | UT | 45 | F | 51:59 |
| 19. | 349 | 3 | Tammy Jensen | HELPER | UT | 41 | F | 53:36 |
| 20. | 549 | 3 | Saundra Smith | ENGLEWOOD | CO | 44 | F | 54:51 |
| 21. | 193 | 3 | Linda Peterson | WEST HAVEN | UT | 44 | F | 54:55 |
| 22. | 359 | 3 | Carol Lyle | SILVERTHORNE | CO | 44 | F | 55:01 |
| 23. | 581 | 3 | Amy Hansen | NORTH SALT LAKE | UT | 44 | F | 55:43 |
| 24. | 651 | 3 | Donna Metzler | MOAB | UT | 45 | F | 55:49 |
| 25. | 395 | 3 | Jami Ascherman | GLADE PARK | CO | 47 | F | 56:21 |
| 26. | 494 | 3 | Emily Box | SLC | UT | 47 | F | 56:37 |
| 27. | 173 | 3 | Cydney Brown | BASALT | CO | 47 | F | 56:40 |
| 28. | 275 | 3 | Laura Henderson | DELTA | UT | 49 | F | 56:45 |
| 29. | 282 | 3 | Jody Hale | DRAPER | UT | 48 | F | 56:46 |
| 30. | 294 | 3 | Dora Benally | CORTEZ | CO | 45 | F | 56:54 |
| 31. | 661 | 3 | Helene Rohr | MOAB | UT | 43 | F | 57:15 |
| 32. | 70 | 3 | Lauren Axelrod | HENDERSON | CO | 40 | F | 58:23 |
| 33. | 462 | 3 | Justtheletterd Plunkett | GRAND JUNCTION | CO | 47 | F | 58:37 |
| 34. | 220 | 3 | Pamela Anderson | GRAND JUNCTION | CO | 42 | F | 59:49 |
| 35. | 234 | 3 | Teresa Ryan | DE BEQUE | CO | 41 | F | 59:59 |
| 36. | 672 | 3 | Marianne Suarez | SALT LAKE CITY | UT | 48 | F | 1:00:15 |
| 37. | 503 | 3 | Laura Berube | SANDY | UT | 45 | F | 1:00:23 |
| 38. | 76 | 3 | Amy Mohler | GRAND JUNCTION | CO | 41 | F | 1:00:29 |
| 39. | 121 | 3 | Jami Shaffer | SPRINGVILLE | UT | 43 | F | 1:00:51 |
| 40. | 525 | 3 | Kathy Lacy | MOAB | UT | 48 | F | 1:01:21 |
| 41. | 490 | 3 | Diana Seegmiller | MENAN | ID | 41 | F | 1:01:26 |
| 42. | 493 | 3 | Dina Wise | PRICE | UT | 44 | F | 1:01:33 |
| 43. | 431 | 3 | Beata Gavaller | TELLURIDE | CO | 43 | F | 1:02:37 |
| 44. | 630 | 3 | Randee Bergen | GRAND JUNCTION | CO | 45 | F | 1:04:02 |
| 45. | 445 | 3 | Martha Teien | EAGLE | CO | 49 | F | 1:04:32 |
| 46. | 446 | 3 | Sarah Uminski | FLAGSTAFF | AZ | 47 | F | 1:04:35 |
| 47. | 219 | 3 | Julie Christianson | GRAND JUNCTION | CO | 48 | F | 1:04:51 |
| 48. | 617 | 3 | Blythe Rusling | FRUITA | CO | 42 | F | 1:04:57 |
| 49. | 126 | 3 | Rena Cole | DURANGO | CO | 48 | F | 1:05:17 |
| 50. | 180 | 3 | Mary Thomas | FRUITA | CO | 48 | F | 1:05:53 |
| 51. | 367 | 3 | Anne White | NEW CASTLE | CO | 49 | F | 1:06:00 |
| 52. | 235 | 3 | Katie Soden | CARBONDALE | CO | 48 | F | 1:06:00 |
| 53. | 254 | 3 | Sue Sternberg | MOAB | UT | 49 | F | 1:06:14 |
| 54. | 227 | 3 | Adrianna Costello-Martin | SALT LAKE CITY | UT | 40 | F | 1:07:02 |
| 55. | 305 | 3 | Kristine Pankow | SALT LAKE CITY | UT | 43 | F | 1:08:56 |
| 56. | 659 | 3 | Marcellina Dennison | SHIPROCK | NM | 40 | F | 1:09:33 |
| 57. | 46 | 3 | Melissa Fischer | MOAB | UT | 41 | F | 1:10:07 |
| 58. | 674 | 3 | Heidi Brickey | SALT LAKE CITY | UT | 42 | F | 1:10:31 |
| 59. | 7 | 3 | Janis Koscielniak | DURANGO | CO | 47 | F | 1:10:40 |
| 60. | 619 | 3 | Margy Baker | MOAB | UT | 47 | F | 1:11:09 |
| 61. | 653 | 3 | Tracy Lee Davis | MOAB | UT | 44 | F | 1:11:47 |
| 62. | 212 | 3 | Shelley Beagley | PROVO | UT | 47 | F | 1:11:59 |
| 63. | 497 | 3 | Amy Hughes | PALISADE | CO | 47 | F | 1:13:11 |
| 64. | 132 | 3 | Kari Wood | OREM | UT | 42 | F | 1:13:38 |
| 65. | 444 | 3 | Jenifer Jones | FRANCIS | UT | 40 | F | 1:14:07 |
| 66. | 307 | 3 | Shirley Jackson | GRAND JUNCTION | CO | 47 | F | 1:15:43 |
| 67. | 206 | 3 | Michelle Cardinal | SAN FRANCISCO | CA | 40 | F | 1:17:21 |
| 68. | 434 | 3 | Dawn Ibis | TELLURIDE | CO | 43 | F | 1:18:19 |
| 69. | 83 | 3 | Janis White | MAGNA | UT | 44 | F | 1:18:33 |
| 70. | 62 | 3 | Michelle Madrigal | PRICE | UT | 49 | F | 1:23:34 |
| 71. | 467 | 3 | Kathy Viglianco | GRAND JUNCTION | CO | 48 | F | 1:23:39 |
| 72. | 224 | 3 | Jodie Atchley | GRAND JUNCTION | CO | 47 | F | 1:23:40 |
| 73. | 211 | 3 | Aimee Brown | GRAND JUNCTION | CO | 45 | F | 1:23:41 |
| 74. | 279 | 3 | Toni George | MOAB | UT | 45 | F | 1:24:06 |
| 75. | 199 | 3 | Kim Sloots | ROY | UT | 47 | F | 1:24:44 |
| 76. | 328 | 3 | JaneDougherty | GRAND JUNCTION | CO | 42 | F | 1:27:32 |
| 77. | 626 | 3 | Tracy Kelly | RIVERTON | UT | 44 | F | 1:28:30 |

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|-----|-----|---|---------------------|----------------|----|----|---|---------|
| 78. | 449 | 3 | Holly Perry | FRUITA | CO | 42 | F | 1:28:34 |
| 79. | 48 | 3 | Lisa Killpack | DRAPER | UT | 41 | F | 1:29:21 |
| 80. | 247 | 3 | Sarah Heil | PHOENIXVILLE | PA | 40 | F | 1:32:48 |
| 81. | 239 | 3 | Mary Gordon | SALT LAKE CITY | UT | 46 | F | 1:32:48 |
| 82. | 114 | 3 | Christine Delbridge | HEBER CITY | UT | 47 | F | 1:33:22 |

FEMALE 10K AGE GROUP: 50 - 59

| Place | No. | C | NAME | City | St | Ag | S | TENK |
|-------|-------|---|--------------------|------------------|----|----|---|---------|
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| 1. | 312 | 3 | Nankeith Frates | FRUITA | CO | 51 | F | 43:19 |
| 2. | 485 | 3 | Julie Gillis | GRAND JUNCTION | CO | 51 | F | 48:29 |
| 3. | 377 | 3 | Jeanie Grooms | FRUITA | CO | 55 | F | 49:08 |
| 4. | 270 | 3 | Karen Skelly | RIFLE | CO | 55 | F | 52:02 |
| 5. | 383 | 3 | Sharon Poling | GRAND JUNCTION | CO | 54 | F | 52:59 |
| 6. | 57 | 3 | Nancy Reinisch | GLENWOOD SPRINGS | CO | 58 | F | 54:13 |
| 7. | 111 | 3 | Susan Doucette | NORTH LOGAN | UT | 51 | F | 54:31 |
| 8. | 63 | 3 | Cheri Medlin | GLENDALE | UT | 53 | F | 55:03 |
| 9. | 110 | 3 | Jan Kiehl | WESTMINSTER | CO | 57 | F | 55:26 |
| 10. | 272 | 3 | Wendy Newman | MOAB | UT | 51 | F | 56:09 |
| 11. | 150 | 3 | Jerri Hahnenebrg | GRAND JUNCTION | CO | 59 | F | 56:25 |
| 12. | 39 | 3 | Tami Fraser | BASALT | CO | 50 | F | 56:40 |
| 13. | 140 | 3 | Sheryl Strole | MONTROSE | CO | 50 | F | 56:42 |
| 14. | 553 | 3 | Sandra Mallory | GRAND JUNCTION | CO | 52 | F | 57:00 |
| 15. | 12 | 3 | Jennifer Filby | KEARNS | UT | 53 | F | 57:04 |
| 16. | 331 | 3 | Renee Sandbach | WOODY CREEK | CO | 50 | F | 57:19 |
| 17. | 355 | 3 | Connie Haycock | MOAB | UT | 58 | F | 57:30 |
| 18. | 528 | 3 | Judie Chrobak-Cox | MOAB | UT | 55 | F | 57:42 |
| 19. | 183 | 3 | Gabrielle Thomas | SALT LAKE CITY | UT | 56 | F | 58:15 |
| 20. | 470 | 3 | Lynn Lickers | GRAND JUNCTION | CO | 53 | F | 58:25 |
| 21. | 501 | 3 | Betsy Deichmeister | GRAND JUNCTION | CO | 52 | F | 58:26 |
| 22. | 372 | 3 | Ginette Speed | SALT LAKE CITY | UT | 54 | F | 58:30 |
| 23. | 533 | 3 | Michele Hill | MOAN | UT | 50 | F | 59:44 |
| 24. | 177 | 3 | Patti Ackley | GRAND JUNCTION | CO | 53 | F | 59:48 |
| 25. | 414 | 3 | Bobbie Day | MOAB | UT | 54 | F | 59:57 |
| 26. | 440 | 3 | Nan Lichty | GRAND JUNCTION | CO | 56 | F | 1:00:48 |
| 27. | 468 | 3 | Teri Shecter | GRAND JUNCTION | CO | 56 | F | 1:01:05 |
| 28. | 129 | 3 | Nancy Banner | CONIFER | CO | 52 | F | 1:01:08 |
| 29. | 463 | 3 | Teri Ryan | GRAND JUNCTION | CO | 50 | F | 1:01:35 |
| 30. | 106 | 3 | Debra Davis | HELPER | UT | 53 | F | 1:01:43 |
| 31. | 198 | 3 | Cari Fitzwater | HOOPER | UT | 51 | F | 1:02:14 |
| 32. | 9 | 3 | Kathan Hartle | GRAND JUNCTION | CO | 52 | F | 1:03:33 |
| 33. | 336 | 3 | Patricia Larson | FRUITA | CO | 54 | F | 1:03:42 |
| 34. | 175 | 3 | Chris Moffet | VAIL | CO | 52 | F | 1:04:38 |
| 35. | 141 | 3 | Linda McMillin | PARK CITY | UT | 53 | F | 1:04:40 |
| 36. | 559 | 3 | Lisa Kelly | MOAB | UT | 53 | F | 1:04:57 |
| 37. | 551 | 3 | Lj Kennedy | MOAB | UT | 51 | F | 1:05:34 |
| 38. | 421 | 3 | Sharlyn Hall | SPRINGVILLE | UT | 50 | F | 1:06:45 |
| 39. | 586 | 3 | Rosalie Renteria | GRAND JUNCTION | CO | 50 | F | 1:06:59 |
| 40. | 509 | 3 | Nancy Turley | MONTROSE | CO | 53 | F | 1:07:24 |
| 41. | 633 | 3 | Melanie Tackett | LAYTON | UT | 50 | F | 1:07:28 |
| 42. | 17 | 3 | Roxana Wolcott | GRAND JUNCTION | CO | 53 | F | 1:09:12 |
| 43. | 133 | 3 | Cathy Hutton | CODY | WY | 51 | F | 1:09:42 |
| 44. | 628 | 3 | Sandra Dvorscak | GRAND JUNCTION | CO | 50 | F | 1:09:54 |
| 45. | 314 | 3 | Catherine Tuhy | MOAB | UT | 59 | F | 1:09:57 |
| 46. | 575 | 3 | Susan Baroffio | GRAND JUNCTION | CO | 53 | F | 1:10:00 |
| 47. | 507 | 3 | Marie Andrews | SANDY | UT | 59 | F | 1:11:26 |
| 48. | 268 | 3 | Jan Cox | PRICE | UT | 53 | F | 1:11:28 |
| 49. | 207 | 3 | Sally Beagley | WEST VALLEY CITY | UT | 55 | F | 1:11:58 |
| 50. | 557 | 3 | Jill Lynch | MT. PLEASANT | UT | 52 | F | 1:12:58 |
| 51. | 379 | 3 | Carrie Hinds | GRAND JUNCTION | CO | 51 | F | 1:14:05 |
| 52. | 164 | 3 | Kathy Hays | GRAND JUNCTION | CO | 52 | F | 1:14:29 |
| 53. | 381 | 3 | Nancy Kendrick | GRAND JUNCTION | CO | 52 | F | 1:14:36 |
| 54. | 84 | 3 | Beverly Feraco | TAYLORSVILLE | UT | 59 | F | 1:15:53 |
| 55. | 251 | 3 | Kelly Mattson | GRAND JUNCTION | CO | 56 | F | 1:16:32 |
| 56. | 69 | 3 | Susan Stevens | MOAB | UT | 53 | F | 1:22:35 |
| 57. | 102 | 3 | Kathi Hennebry | SANDY | UT | 51 | F | 1:23:30 |
| 58. | 67 | 3 | Susan Etzel | WELLINGTON | UT | 59 | F | 1:23:34 |
| 59. | 347 | 3 | Lynda Strate | ELY | NV | 50 | F | 1:24:07 |
| 60. | 192 | 3 | Cindy Sears | ROY | UT | 52 | F | 1:24:44 |
| 61. | 583 | 3 | Barbara Roberts | WHITEWATER | CO | 58 | F | 1:25:37 |
| 62. | 15 | 3 | Linda O'Rourke | CLIFTON | CO | 52 | F | 1:28:29 |
| 63. | 105 | 3 | Kari Colombo | FRUITA | CO | 52 | F | 1:28:42 |
| 64. | 411 | 3 | Judy Copeland | MOAB | UT | 51 | F | 1:28:43 |

FEMALE 10K AGE GROUP: 60 - 69

| Place | No. | C | NAME | City | St | Ag | S | TENK |
|-------|-----|---|----------------------|----------------|----|----|---|---------|
| 1. | 197 | 3 | Mary Young | GRAND JUNCTION | CO | 68 | F | 1:01:51 |
| 2. | 354 | 3 | Deborah Shank | MOAB | UT | 60 | F | 1:02:51 |
| 3. | 256 | 3 | Sandra Miller | FRUITA | CO | 62 | F | 1:03:27 |
| 4. | 263 | 3 | Sheryl Douglas | GRAND JUNCTION | CO | 60 | F | 1:05:02 |
| 5. | 539 | 3 | Bonita Rich | HESPERUS | CO | 60 | F | 1:09:44 |
| 6. | 476 | 3 | Nancy Harris | LOMA | CO | 63 | F | 1:11:08 |
| 7. | 158 | 3 | Penny Frankhouser | GRAND JUNCTION | CO | 62 | F | 1:11:47 |
| 8. | 492 | 3 | Barbara Walker | IGNACIO | CO | 69 | F | 1:12:10 |
| 9. | 606 | 3 | Heidi Hoffmann | ASPEN | CO | 63 | F | 1:18:31 |
| 10. | 35 | 3 | Linda Unsicker | FAIRBANKS | AK | 63 | F | 1:19:59 |
| 11. | 571 | 3 | Janeen Torres | MOAB | UT | 62 | F | 1:26:28 |
| 12. | 66 | 3 | Weber Knickerbocker | SALT LAKE CITY | UT | 63 | F | 1:26:55 |
| 13. | 471 | 3 | Debby Selitrennikoff | MOAB | UT | 61 | F | 1:29:17 |
| 14. | 85 | 3 | Ellen Horton | MURRAY | UT | 62 | F | 1:29:21 |
| 15. | 570 | 3 | Maureen Nuckols | CARBONDALE | CO | 67 | F | 1:30:17 |

FEMALE 10K AGE GROUP: 70 - 99

| Place | No. | C | NAME | City | St | Ag | S | TENK |
|-------|-----|---|--------------|----------|----|----|---|---------|
| 1. | 75 | 3 | Joann Graham | SURPRISE | AZ | 70 | F | 1:02:10 |